**GOVERNMENT COLLEGE, AMBALAPUZHA**

**ALAPPUZHA – 688 561**

**WOMEN’ CLUB**

**ANNUAL REPORT 2022-23**

**WOMEN’S CELL REPORT -2022-23**

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Women cell aims at empowering and orienting women to recognize their true potential and to heip them to take their own stand in the world .Its goal is over all development in all spheres of their life.

Women cell conducted various activities in the college in association with Kerala State Women’s Development corporation Ltd under three heads is summarized below.

| **Sl.No** | **WOMEN CELL ACTIVITIES** | | **Date Of The Programme** |
| --- | --- | --- | --- |
| **A** | **Training Wing** | |  |
| 1 | Academic/Performance Success Program Topics | **P0sitive Mental Attitude** | **26.3.2023** |
| 2 | Social Belonging Or Social Engagement Program Topics | **Building Healthy Relationship** | **06.04.2023** |
| 3 | Gender Awareness | **Laws For Protection And Care Of Womnen ,Sustainable Menstruation A Need of the hour** | **04.03.2023,**  **23/03/2023** |
| 4 | Athletics/ Self Defence/ Other Wellness Training Programmes | **Self Defence Training** | **06.01.2023** |
| **B** | **Cultural Wing** | **Falshmob**  **Film And Documentary Screening** | **8.03.2023**  **16.08.2022** |
| **C** | **Community Intervention Wing** | 1. **Conducting Camps For Blood donation** 2. **Social Group Campaigns And Rallies** | **04.03.2023**  **8.08.2022** |
|  | **Manuscript** | **Publishing Manuscript** |  |

1. **TRAINING WING**

**PROGRAMM**

**Positive Mental Attitude**

A Lecture has been conducted to create an awareness about the positive mental attitude for all students especially women . The Programme started at 02pm with the Welcome speech of Smt. Sheena S, Assistant Professor and the coordinator. Ms.Joslin,Clinical psycologist deliverd the a talk on the topic. Fathima S II BSc Mathematics conveyed vote of thanks.

**PROGRAMME -2**

**Building Healthy Relationship**

A talk has been conducted for all the students of the college. The coordinator of the Women cell, Smt. Sheena S, Assistant Professor of Malayalam delivered the welcome speech. Smt. Nadasha M, psychologist and Counsellor, delivered the talk on the **Building Healthy Relationship**. Geethanjali, I B Com, the student coordinator expressed the vote of thanks. Dr. Mothi George , the p **PROGRAMME -1**

**PROGRAMME -3**

**LAWS FOR PROTECTION AND CARE OF WOMEN AND CHILDREN**

The activities of the Women Cell begins with this progamme which has been inaugurated by the Principal of the college Dr. Mothi George. An invited talk has been conducted for all the female students of the college. The coordinator of the Women cell, Smt. Sheena S, Assistant Professor of Malayalam delivered the welcome speech. Adv. Sheeba Rakesh , the resource person delivered the talk on the **Laws For The Protection And Care Of Women And Children**. Jophina S, the student coordinator expressed the vote of thanks. Feedback has been collected from the participants. A complaint box has been installed in front of the library to post the student’s complaints.

rincipal felicitated the function.

**PROGRAM-4**

**Sustainable Menstruation A Need of The Hour**

Conduted a programme coverd Basics of Menstruation,Sustatinable Menstruation,Demonstration of sustainable Menstrual products.The all students spreading the awareness about sustainable menstruation and empower act as a change agent in the community to spread awareness on menstruation, menstrual hygiene.

**PROGRAMME -5**

# SELF DEFENSE TRAINING

# A Physical Training Programme on self defense has been conducted to make women to be able to protect themselves against anything that's unacceptable in terms of social conduct. There is nothing more empowering than having the confidence to analyse a dangerous situation and take actions to overcome them effectively ‘

1. **CULTURAL WING**

**PROGRAMME -6**

**FLASHMOB**

Flash mob has been conducted as part of international women’s day on the topic ‘ Gender Equality’.

**PROGRAMME -6**

**AN ARTISTIC FILM SCREENING**

The Women Club has successfully conducted the programme “**An Atristic Film Screening “** for students of the college

The main purpose of the programme is learning different the area of film through interaction and discussion and tl encourage Students to develop a women oriented perception towards films.

**Objectives of the programme are:**

* + Screening movie that focus on women empowerment and self motivation
  + screening interesting film of various cultural backgrounds to the Students
  + Encourage discussion, analysis and sharing experience of the film from various perspectives

The Programme started in the seminar hall by 10 am with the Welcome speech of Smt. Sheena S, Assistant Professor and the coordinator. The inauguration of the programme is done by Dr. mothi George , Principal of the college. Muhammed Rafi, II BA Economics conveyed vote of thanks. The inaugural session ended by 10.45am.

1. **COMMUNITY INTERVENTION WING**

**PROGRAMME - 7**

# Blood donation awareness and Camp

# The Women Cell conducted Awareness class and medical checkup and Blood donation camp

# The objective of the programme was

# Creating awareness about self protecting mechanisms and there by increasing the confidence level of female students

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**PROGRAMME -8**

**SOCIAL GROUP CAMPAIGNS AND RALLIES**

Social group campaign and rally by the students s were conducted as part of international women’s day on the topic ‘ Gender Equality’. Womens’ Cell coordinator flag off the rally. The rally starts fron the college campus and covered 3km .

**PROGRAMME -9**

**PUBLISHING MANUSCRIPT**

A manuscript was published using the creative works of students which include short stories, poems, articles etc. And the manuscript is kept in the college library for future reference.

PROGRAMME BROCHURES & IMAGES



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